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Feel This Pain: S2E2 Complex Regional Pain Syndrome

Feel This Pain: S2E2 Complex Regional Pain Syndrome



Ken McKim

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Published on Aug 30, 2014

When your body decides that the feeling of being burned by ice is what you want to experience, every day, for the rest of your life.

Ken McKim is not a doctor, nor does he play one on TV. Ken is an advocate for anyone with a chronic illness.

If you enjoyed this episode, please take a look at my other videos about chronic pain here on my YouTube Channel or at www.dontpunishpain.com, and consider supporting my efforts with a small monthly contribution to my Patreon account at:
<http://www.patreon.com/dontpunishpain>

Thanks for your support!

- Ken

Category

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COMMENTS • 82

D

Commenting publicly as Duncan MacKinnon

Top comments ▾




Lianne Clare

2 years ago

You so totally NAILED it! I have told people before that its a icy deep burning pain like holding you hand in a bucket of ice water for to long but well they still just kind of give

Up next

Autoplay




Complex Regional Pain Syndrome

melgus99

134,874 views

4:43




RSD / CRPS (Complex Regional Pain Syndrome)

Kevin Trangle

1,501 views

6:32




What is CRPS?

ABC Action News

6,775 views

6:22




Most Painful Thing In The World? CRPS! The Neuroscience

The Neuroscience Center

21,778 views

4:36




The experience and impact of having CRPS and the need

RSDSAofAmerica

35,710 views

6:46



Complex Regional Pain Syndrome: Diagnosis and

RSDSAofAmerica

3,455 views

1:02:33

1 of 13

6/25/17, 5:12 PM

D

done with just enough humor to keep them engaged and yet get the point across. Thank you so much for this production and for spreading CRPS awareness this way and for the other videos

[Read more](#)

Reply • 6



kathy scott 2 years ago

This is a really good summary but I have two comments, one frivolous and one dead serious.

First.. The porno music in the background is kinda distracting.. (That's the frivolous comment.. :p)

[Read more](#)

Reply • 5



Janeen Utley 2 years ago

Thank you Men McKim, You did a great job explaining what CRPS/RSD is, To help Friends & Families understand better! Thankyou for bringing Awareness to this disease to help find a Cure <3

Reply • 5



Ken McKim 2 years ago

You're welcome +Janeen Utley! Happy to help.

Reply • 1



blueharley86 1 year ago

Thank you Ken for placing a very accurate and informative video on CRPS. I've been living this daily reminder since 1997. I thank you sir.

Reply • 3



Ken McKim 1 year ago

+blueharley86 My pleasure, so glad you liked it. :-)

Reply •



D'Arci Redditt 1 year ago

Thank you for making such a honest interpretation of CRPS. I've had it for almost 4 years now. When you were describing the ice experiment, another word I use and hear many use is "aching" in correlation with the burning pain. So, you are right on with the description. :)

Reply • 3



DARTH PINKIE 2 years ago

It's always so difficult to explain the pain of RSD/CRPS to my family and friends but this video is very clear and precise. It's wonderful that you take time to put yourself into our shoes to show such heart and compassion. The time you put into these videos is appreciated. Thank you.

Reply • 3



Ken McKim 2 years ago

+Darth Pinkie You are welcome, I'm happy to make the videos, and it makes me very glad indeed when people find them to be useful tools for explaining their conditions. All my best to you.

Reply • 1



saweetsunshine62 2 years ago

Shared this video. I am a 30 year survivor.. Got tired of trying to explain and explaining.. Thanks...

Reply • 3



Ken McKim 2 years ago

Happy to help, I'm glad you like it. Take care!

Reply •



saweetsunshine62 2 years ago

:)

Reply •



with Philp Gelson,
RSDSAofAmerica
24,650 views



**Banned TED Talk:
The Science
Delusion - Rupert**
Tom Huston
1,601,330 views



**Complex Regional
Pain Syndrome
CRPS, on the**
Dr. Joshua P. Prager, MD
45,495 views



**Vegan Strongman
Eats ONE MEAL A
DAY !**
Markus Rothkranz
Recommended for you



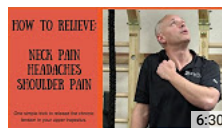
**China is NOT what I
Expected!**
Where's Poppy
349,666 views



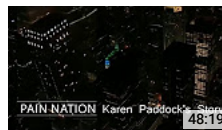
**America's Oldest
Man Anti-Aging
Secret - Lifestyle**
The Truth Channel
Recommended for you



**Imagine Living With
RSD/CRPS**
Hope Gordon
4,829 views



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Pain, Headaches and
Shoulder Pain**
ZHealthPerformance
29,034 views



**Pain Nation with Ken
McKim - S2E2: Karen
Paddock's Story**
Ken McKim
458 views



RSD/CRPS Movie
kej92
26,732 views



CRPS of the back
dockirkpatrick
11,799 views



**living with complex
regional pain
syndrome (CRPS)**
Kirsten Evans
41,206 views



everything in your life.

Reply • 3



MD Malbro 1 year ago

Thank you Ken McKim for making this video, because so many physicians and medical claim adjusters deny the RSD/CRPS diagnosis. I was injured on my job as a Federal Investigator and denied proper treatment by RSD/CRPS by OWCP and their contracted physicians despite photos and medical documentation from several none OWCP

Reply • 2



GorillaGuerilla 1 year ago

sorry to read about your struggle - however RDS/CRPS can not be full body, but other disorders closely linked to similar mechanisms as what's happening in CRPS is more than likely!

basically it's all about the filters that signals from your nervous system is being

Reply •



Will H 1 year ago

Thank you SO much for such a thoughtful video. I have been using it to help people better understand this disease. I have had CRPS for 15 years now and this is by far the best tool I have found. It means a lot to me to be better understood and you have my gratitude !

Reply • 2



Ken McKim 1 year ago

+Will H I'm glad the video is useful for you to better educate people about CRPS, that's the entire reason behind the "Feel This Pain" series. I hope you're having a low-pain day today. - Ken

Reply •



Will H 1 year ago

+Ken McKim You have probably heard this a million times by now, but I am going to say it all the same. This video says what I cannot and just seeing it makes me feel less, well...misunderstood. Having CRPS for this long, and never once having any tool to help explain to family and friends was horrible. My entire body is [Read more](#)

Reply • 1



Dianna Hall 1 year ago

You nailed it! I always refer to frostbite, not that anyone understands. I also describe it as an 18 wheeler crushing my arm on Georgia asphalt in JULY! Thank you so much. Please help us find a cure. I will show this to everyone!

Reply • 2



Lorie Goodall 1 year ago

WOW, great job!! My daughter has had RSD/CRPS since she was 8 and is now 24. I have had it for 7 yrs. Perfect description! We are now finding out that a lot of people with RSD also have EDS, P.O.T.S. Mast Cell and other genetic issues. Thank you for this great video.

Reply • 2



Ken McKim 1 year ago

+Lorie Goodall My pleasure Lorie! Glad you liked it.

Reply •



joby7165 1 year ago

Thank you for this video Ken. I've had RSD for almost two years now in my hands now and it has just dspread to my right foot. Your description of the burning pain you get from an ice bath is dead on accurate. I applaud you for your series that will help to educate the public on these horribly painful diseases, God Bless You!

Reply • 2



Ken McKim 1 year ago

+joby7165 Thank you for taking the time to write to me, I'm glad you enjoyed the video. Hang in there! - Ken

Reply •



Complex regional

NikkijadeCreations / Rehabiliskat
3,195 views



CNN report on Reflex Sympathetic Dystrophy

jennybean416
59,805 views

SHOW MORE

monster that has consumed my life for over 10 years. Thank you! Hopefully my friends and family will watch it. I have CRPS in both legs, both shoulders, neck and scalp, and it's continuing to spread further.

Reply • 2



Ken McKim 2 years ago

+Donna Perez You are welcome, glad you like the video.

Reply •



humility1st 2 years ago

Although I am a non violent person.I pray to die and beg for relief. I have had pain for 56 years and intractable pain since 1987 thank you for this video how incredible it would be if I could get help the hate from the professionals breaks my heart...if they won't treat me I think I should be assisted in death I am begging to die begging

Reply • 2

M

Mary McCabe 2 years ago

ken thank you. ive had this for over nine years. and of course im often asked by well-meaning and curious friends, family, teachers, anyone i come across about what crps is. you have provided an easy to understand video weather someone has an md or a ged they can understand. and it's not too long. if it was super long in length people may not

Reply • 2



Ken McKim 2 years ago

Thank you Mary, I'm glad you find the video to be useful in your efforts to help educate others about your illness. That's exactly why I started the "Feel This Pain" series, and it means the world to me that I can help you in this small way. All my best to you. - Ken

Reply •

C

Christina Claycomb 2 years ago

Thankyou so much for the video...I have had this horrific disease for 21+ years.....ppl will never understand, that also includes family.....it's sad that there are an extremely high amount of new cases per year and people/physicians are still ignorant to rsd/crps

Reply • 2



Ken McKim 2 years ago

You're welcome Christina, happy to help. :-)

Reply •



MUSIC FAN 2 years ago

Thank you for this video. The community of people who share this disease is huge. And only those of us who have it understand it or seem to have compassion for each others' every day pain. This video will help our families understand it better.

Reply • 2



Ken McKim 2 years ago

+jarod adams Happy to do it!

Reply •



Colleen Pisaneschi 2 years ago

Thank you! This is the best description of CRPS that I've seen so far.

Reply • 2



Ken McKim 2 years ago

Thank you, I'm glad to hear I was accurate. :-)

Reply • 1



popp94 2 years ago

Thank You for talking about this condition. I hope that any CRPS/RSD patients that watch your video and read the comments will look up Color The World Orange on Facebook, Instagram & Twitter. November 3, 2014....this is a fabulous way for the CRPS community to Promote Awareness of this condition. In the past year, I have seen many [Read more](#)

Reply • 2

and Latin America .
Agree to promote the idea of using orange for that date.
greetings
Reply • 1



popp94 2 years ago
+Lenin Garcia Fantastic!!
Reply •



Kate M 3 weeks ago
I really found this video to be really good. I was lucky enough to get a half diagnosis within the first month. 3 year later I'm still suffering and unable to walk far or stand for long, but I've improved so much. I really struggle to explain the condition to people sometimes and From watching the start of this video I'm quite tempted to ask people
[Read more](#)
Reply • 1



Ken McKim 3 weeks ago
Hi Kate, thank you so much for taking the time to comment on the video. I'm so glad you like it, and I hope you're having a low-pain day today.
Reply •



Lynn Bain 3 weeks ago
Thank you for making this video I have been suffering for seven years full body even in my mouth, nose, all over and that cold feeling is the most horrible feeling I ever felt in my life there is no hope for me no doctors will help me or do anything I am at wits end I pray to die this is not living only surviving I pray for us all
Reply • 1



Ken McKim 3 weeks ago
I'm sorry to hear you are suffering with this. Thanks for taking the time to write to me here, and I hope you know you are not alone.
Reply • 1



Alexander Baerresen 2 months ago
Icy burn isn't a bad way to describe it. I've been telling people it's like a sunburn that goes to the bone.
Reply • 1



paramedic rkb 3 months ago
Hi Ken, thank you for everything you do to bring awareness
Reply • 1



Ken McKim 3 months ago
It's my pleasure, thank you for reaching out to me (and for watching/sharing the videos).
Reply •



Cheryl Haws 5 months ago
I was diagnosed with CRPS 6 weeks after a Trimalleolar Fracture w/dislocation of my ankle. During my 6 week recovery, I never got better, only worse, and all I kept feeling was indescribable burning in my toes and foot and lower leg. This pain was worse than the actual broken ankle pain. So instead of walking again, like most people following an
[Read more](#)
Reply • 1



Ken McKim 5 months ago
You are very welcome Cheryl, I'm glad the video will help you explain what you are going through to your friends and family. That's exactly why I started the "Feel This Pain" series. :-)
Reply •



skyhighguy86 1 year ago
I have CRPS the burning describes it very well mixed with a sharp pain like cramp
Reply • 1

for the Chronically Ill, which lead me to your youtube page. I am so thankful for people like you who help raise awareness for chronically ill patients. I have now watched multiple videos you have posted and I am sharing them with a community of other

[Read more](#)

Reply • 1



Neill Conroy MNI 1 year ago

My one overriding wish is that we could go back in time (by getting inside your police call box, Ken!) and go back to 1991 so that people in the medical community could view it before I came down with it in 1992. Then I might have been diagnosed in time. I have spent almost 24 years in Hell!

Reply • 1



Ken McKim 1 year ago

+Neill Conroy MNI I wish my TARDIS would in fact work; we could get you fixed right up. :-)

Reply •



Amy Jo 1 year ago

+Ken McKim 8 years for me. This is a wonderful video... Thank you for sharing. I've shared it in my group that has CRPS too... Thank you again!

Reply • 1



Deann Allen 1 year ago

I have read ever comment posted to educate myself and to see how others are dealing with this horrible diagnosis. I broke my toe in January and have anxiety, depression and PTSD (which I have been told adds to the RSD symptoms. I have lost my job my employer thought they were helping me since I used up all my FMLA in April but not

[Read more](#)

Reply • 1



Helen Townsend 1 year ago

Brilliant video - I have this delightful disease... Is there a version of it without the background music? Thanks so much for all the descriptions - they are so right!

Reply • 1



Anthon Deutsch 1 year ago

I have RSD all over my body, from my eyes to my testicles to my toes. I appreciate you doing this video. You are very kind. People need to be informed. I live in pain.

Reply • 1



Ken McKim 1 year ago

+Anthon Deutsch I'm happy you like the video, and I wish you all the best. I'm glad to help try and educate people about what these conditions feel like, and the real challenges of the chronically ill.

Reply • 1



Ken McKim 2 years ago

Over 1,500 Views

Holy cow! My CRPS video is now up to over 1,500 views. Who would have thought?

Reply • 30



Karen Merriman 1 year ago

Spot on Ken, truly. Can't thank you enough for describing and sharing what I feel every day. My RSD started in my right foot 3 years ago (after multiple knee surgeries) and now is in both feet, ankles, right hand, and starting to spread to my left hand. Can I ask if you've heard about Neridronate and the claims that it has cured some early stage (4

Reply • 1



Ken McKim 1 year ago

Thanks Karen! I haven't heard about that particular med before. If it works though, that is fantastic news!

Reply •

Reply • 1



Ken McKim 2 years ago

Thanks +Rachel Stratman, I'm glad you liked it. :-)

Reply •

j

jesdenm 2 years ago

Thank you for creating this video. Obtained after accident 12/2006. Diagnosed April 2007.

Reply • 1



Ken McKim 2 years ago

Happy to help!

Reply •

M

Marge Gipson 2 years ago

Great Job on this!! Will be checking you out more often!!

Reply • 1



Ken McKim 2 years ago

Thanks Marge, I'm glad you like the video. :-)

Reply •



Tiffany Gray Music 2 years ago

Oh my gosh... That's horrible! And I just found out a relative of mine has this.

Reply • 1

S

shannon sherwood 2 years ago

Ouch..that thought is scary..ive got arthrosis but that hurts but i cant even begin to imagine what those poor people must be going through...your relative and u are in my thoughts tiffany...again ouch and i certainly didnt know this even existed..makes u wonder what else your doctors and specialists dont tell here or

Reply • 1



Jessica Kraai 2 years ago

Thank you thank so much .

Reply • 1



Ken McKim 2 years ago

You are welcome!

Reply •



Jessica Kraai 2 years ago

You have no idea how much it means to people like myself and our families people like you who make these videos. I posted it right away on my Facebook. I wish I could hug you. .12 years I've lived with mine it starting in my left foot and now it's every part of me. It's been hard for my husband trying to understand what

Reply •



Karen M. W. 2 years ago

so.. go national and world wide.. We have too many problems. My dad told me to take my pregnancy, squat for 15 mins , have my son & go back to work.. This kind of abuse is not right. even if my dad. who was great, but still not correct. We are in pain, daily, a diff area every day. dr's need to listen to this. U prob wouldn't do these except for you r wifes
[Read more](#)

Reply • 1

M

Mary Alice Johnson 2 years ago

Exactly!!!!

Reply • 1

S

Sellydancez 2 years ago (edited)

Ken, you are a Godsend! 4.5 years in and my husband is in for his 32nd op/procedure.



Ken McKim 2 years ago

I'm glad to help!

Reply •



Denetra Milner 2 years ago

Thank you for your video. Sometimes, it is hard to explain to my friends and family about the war I have been fighting for the past 8 1/2 years. You did so quite eloquently.

Reply • 1



Pam Hubbard 2 years ago

Thank you for making this video.

Reply • 1



Ken McKim 2 years ago

Happy to do it!

Reply •



Staci Hersh 2 years ago

Thank you for this great video to raise awareness for this horrible disease. I was diagnosed in 2007 and have underwent many different types of treatments from SCS implant to day inpatient Ketamine coma/infusion...and yet the pain continues. One thing to note is that after some time many who suffer with CRPS no longer will have the

[Read more](#)

Reply • 1



Ken McKim 2 years ago

You're welcome, happy to do it. I'll spread the word re: Paint the World Orange too!

Reply •



James Krantz 2 years ago

Thank you for this video. My CRPS started in my left foot but is now throughout my whole body. I attempted suicide once in 2006. I now live with this pain but no longer am a threat to myself. Thanks Again, God Bless

Reply • 1



Ken McKim 2 years ago

You are very welcome, I'm happy to help educate people about the kind of pain the chronically ill endure every day.

Reply •



zoesgma1 2 years ago

Well done video Ken. Thank you!!

Reply • 1



Ken McKim 2 years ago

My pleasure, glad you like it. :-)

Reply •



Deanne Mediati 2 years ago

Thank you for sharing that video..i suffer with CRPS/RSD..for 5 years now..and you have nailed it with the symptoms..it sucks to have it..:(

Reply • 1



Ken McKim 2 years ago

I'm happy to help, and glad to know I was accurate in my description. I hope these videos can teach healthy people about the pain the chronically ill face on a daily basis.


Reply • 1




Deanne Mediati 2 years ago


this is one of the best descriptions i have ever heard..thanks again..


Reply • 1


 travel too far. I have a grown autistic daughter who is functional and lives with me. I've been living with chronic 24/7 pain for the past 3 years. Any ideas would be highly appreciated. Thank you!!!
Reply • 1


 **Kristen Hensley** 2 years ago
Good description
Reply • 1


 **Ken McKim** 2 years ago
Thanks Kristen!
Reply •


 **Quick and Green Cleaning with Marissa** 3 months ago
Thanks Ken
So accurate!
Reply •


 **Renee moran** 5 months ago
Happy new year buddy
Reply •


 **Denise Burton** 7 months ago
Touch wood ,it doesn't come back.3 years ago after a smashed up wrist and dislocation I got CRPS. But what worked for me,luckily had a GP on side was,3 months prednisolone for 8 weeks from larger amount to smaller.This in my opinion was my magic tablet.Even the pain management boss who lectures on the subject of CRPS was anti prednisolone
Reply •


 **Michelle Hess** 7 months ago
Thank you for this informative video. With november being rsd month, i look all over facebook for this to post. And i have already shared this. I have been an rsd ssufferr for about 15 yrs now. It went from my right arm now into my left foot after breaking my pinky toe twice. It is a horrible disease.
Reply •

 **Elana Snyder** 9 months ago
I attached vid. to my blog and described some of my pain.
Reply •

 **cris1986** 9 months ago
Thank you for your video . I found it when someone posted it to my page after getting called a FRAUD by my fiance's grandparents
Reply •

 **Terry Steward** 10 months ago
Ken thanks for the informative video. I have CRPS after being shot multiple times in Iraq. I have a friend with CRPS symptoms. He was injured in Iraq by an IED. He was also shot in Vietnam. I posted this video on Facebook so he can find it. He called me today asking about CRPS. He has a severe burning sensation in his leg plus other
[Read more](#)
Reply •

 **Panda Chan** 11 months ago
CRPS since I'm 12 years old... Caused by karate competition... It destroyed my life :(I'm still in school but not able to work because of the pain... They waited 6 years before medication and now they said that if they can reduce the pain by 30% its a miracle... I love your vids :(I would do anything to have my life back
Reply • 2

 **Ken McKim** 11 months ago
I'm glad you like the videos. Please take care of yourself, and thanks for taking



GorillaGuerilla 1 year ago

I'm wondering if you're familiar with the research happening in Denmark at Aarhus University where "The Research Clinic for Functional Disorders and Psychosomatics" are breaking down old boundaries to understand a range of chronic pain conditions by looking at the patient as a whole, taking in all aspects of modern pain research and

Reply •



Andrea Stevens 7 months ago

Is there a website that we can read up on this?

Reply •



Ashley Franco 1 year ago

I have this! I was Diagnosed in 2001 when I was 14 years old and I have had it ever sense! Thank you for this informative video!

Reply •



Delle Emme 1 year ago

I'm feeling it!!!!!!!!!!!!

Reply •



lhtolber 1 year ago

I started tearing up while watching this video. I was diagnosed February 2015 after enduring less than an hour foot surgery in December 2014. This video is spot on! I would challenge others to stick their hands in ice longer....but that's because no one understood my pain. My pain scale was 10 the day I walked into a pain management

[Read more](#)

Reply • 1



BwKtYouthFilmProgram 1 year ago

Yup! I've been living w/ Crps since 1992. Love your TARDIS lamp!!!! ♥♥♥

Reply • 1



christine spigner 1 year ago

crps xmas song for you https://www.youtube.com/watch?v=Pf3vHNQ_Mok

Reply •



Lisa Harris 1 year ago

Great description in a short video! Thank you for sharing!!

Reply •



Mystic Jay 1 year ago

i was diagnosed with this and i have the worst full body case ever... i was told by the drs to kill myself.... i have kids and a life to live.... i dont want to die... i want help

Reply •



GorillaGuerilla 1 year ago

First of all, it's hard to believe that doctors told you to kill yourself - second of all, REGIONAL isn't full body! RSD/CRPS is a regional disorder!

So, you are either a liar or you have been misdiagnosed!

Reply •



Mystic Jay 1 year ago

I didn't send that

Reply •



Ken Gray 1 year ago

Good basic explanation. I developed CRPS after a concussion. It started from day one in both hands, both feet and the left half of my head/face. Over the subsequent 16 years, it has spread to nearly every part of me, including internal organs. The pain has been kept under reasonable control with opioids, but it has slowly and steadily gotten worse. For

your story, or why you do these videos, but I thank you!
Thank you for trying to help us by enlightening others!
[Read more](#)

Reply •



Brandy Oliver 1 year ago

Thank you for this :) I was diagnosed in 2007 and along with ortho issues in both feet and ankles, my RSD has spread from my feet through my hips and strangely enough, my eyes :(

Reply •



StupidShetHead 1 year ago

Awesome vid buddy, RSD since Oct 2014

Reply • 1



Ken McKim 1 year ago

+StupidShetHead Thank you! :-)

Reply •



Mis H 2 years ago

This was fantastic! I have rarely heard someone make something so complex - so easy for people to understand.
I'm still struggling to get a firm diagnoses after two years. Doctors always seem to add a question mark and a shoulder shrug, to their vague "causalgia?" "possible rsd?". And the

[Read more](#)

Reply •



Pain Doctor 2 years ago

Ken - great, informative video. Love the history of how the disease was named. We wish there was a cure for CRPS but you do a great job of explaining it! We would love you to join our chronic pain support group - <https://www.facebook.com/groups/11864244228/> - We also have a chronic pain forum on Pain Doctor - <https://paindoctor.com/forum/> -

[Read more](#)

Reply • 1



Ken McKim 2 years ago

I'm already a member of your Facebook group. :-) Thanks for sharing my videos.

Reply •



Kat Wright 2 years ago

I have no feeling in my right leg tell it wriggle toes nothing maybe day later. Feels asleep on outside burning spasms cramps swelling colour change had no treatment for 4 years. Spreading to lower back put normal heat pack got 2 degree burns inner thigh as well I forget I have right leg. Knee swells. A elbow know leg black purple no sleep flare

[Read more](#)

Reply •



Kat Wright 2 years ago

I have no feeling in my right leg tell it wriggle toes nothing maybe day later. Feels asleep on outside burning spasms cramps swelling colour change had no treatment for 4 years. Spreading to lower back put normal heat pack got 2 degree burns inner thigh as well I forget I have right leg. Knee swells. A elbow know leg black purple no sleep flare

[Read more](#)

Reply •



Angelina Arecco 2 years ago

Story of my life from a broken ankle??

Reply •



Lisa Moon 2 years ago (edited)

Wow, this is probably the best 'layperson's' description of CRPS I've come across!

Having had this nasty disease for 8.5+ years now, I can only add that it's not only all of that, but that it often gets worse



suggest there are several million people living with CRPS - many incorrectly or totally undiagnosed - far more by far than those living with MS (multiple sclerosis) - which is just an example, not to [Read more](#)

Reply •



Ken McKim 2 years ago

You are very welcome +Lisa Moon, I'm happy to help!

Reply •



April Ellerman 2 years ago

Thank you so much for your great description of CRPS/RSD!

Reply • 3



Ken McKim 2 years ago

RSD/CRPS Video Is Up!

Here we go! RSD/CRPS video is now up! <http://youtu.be/OgJNo6M279g>

Reply • 3



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